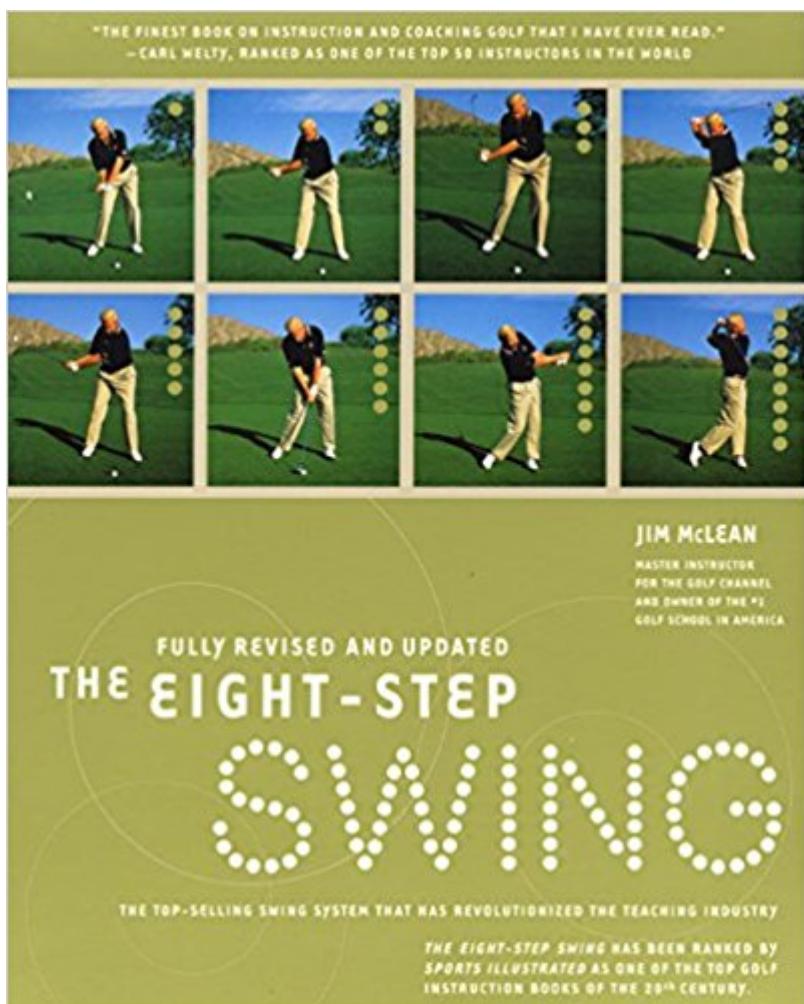


The book was found

The Eight Step Swing: The Top Selling Swing System That Has Revolutionized The Teaching Industry (HarperResource Book)



Synopsis

The updated Eight-Step Swing has nine new chapters, including specific instruction for women and junior golfers, advice on preparation and preshot routine, Jim McLean's fundamentals of golf, and much more. In this indispensable instructional manual, PGA master coach Jim McLean presents the innovative swing system that has helped championship winners like Tom Kite, Brad Faxon, and Liselotte Neumann elevate their game. With characteristic clarity and expertise, McLean breaks down the swing action into the eight key checkpoint positions that will build a grooved, repeatable, and mechanically sound swing. Helpful practice tips and mental exercises supplemented with beautiful, technically accurate photographs and illustrations keep you on track. McLean also presents brilliant strategies and advice for the long game, the short game, the mental game, and overall game management to ensure that you will boost your performance to the next level no matter how long you've been playing.

Book Information

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Customer Reviews

Many golfers make a big deal about their bad shots yet say very little regarding the brilliant shots they make during a round. In the introduction to this book, McLean, one of the most renowned golf coaches in the world, focuses on eliminating the negative thoughts most golfers experience. He throws new light on the game for the beginning or weekend duffer by providing strong commentary on such issues as watching the swings of professional golfers on television and driving the ball with authority. His book's main strength is a wonderfully precise description of golfing's fundamental

hip/shoulder turn position, impact, and follow-through. This section aside, McLean is not one to create magic with words. However, his narrative is extremely interesting and informative. Recommended for collections in need of a guide for beginning golfers.Jim Paxman, Tennessee State Univ., NashvilleCopyright 1994 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

"Nothing but pure class. Nothing but great information." -- -- Greg Kraft, Top PGA Tour Player

Great compliment to the video of the same title. McLean breaks the golf swing down to its basics and provides a nice illustration of the parts of the swing. Approach is simple enough for even a casual reader, but delves into great detail for a person of keen interest. Covers drills and procedures for improvement at every step, and is a great reference for a golfer of any skill level. I think this is a classic work, and recommend it to any golfer.

Perfect book for my husband.....

THe picture of the book advertised is the edition I wanted. What arrived was an earlier edition. While the book's contents are fine for the purpose, I don't appreciate the deception about what was being offered. If a picture of the cover of the earlier version was unavailable to paste in, then there should have been a clear indication that it was the earlier edition that was being offered for same.

Mr Mclean's book on the golf swing is poorly written for the novice with 10% of the book devoted to why he is a great instructor. Throughout the book he uses jargon that is never defined (no glossary). For someone trying to learn a golf swing this is not the right book.

Golf is one of the most difficult recreational sports to play. Many methods of teaching pride themselves on the simplest method and I have become a victim of this. There is no "simple swing" in golf. Ben Hogan's 5 Lessons is a wonderful classic from the Silver Age of Golf. However, if you are looking for solid instruction with few gimmicks, this is the one.This book is written by a true master of the teaching the game. He is articulate, although oftentimes verbose. He understands every aspect of the full swing and breaks down the swing into 8 steps. He outlines the pitfalls at each stage. To simplify the swing, he has recommended 1st learning a 4 step process at steps 2,4,6 and 8.He covers the misconceptions of the swing and the ideals of a solid fundamental swing

through his 20 Fundamentals and 25 "antifundamentals". A chapter on the "Death Moves" identify and help correct the extreme swing errors. Every aspect of the golf swing from setup, grip, alignment, stance, grip pressure, ball position, swinging the club on plane and pre-shot routine are covered. He outlines the strategies to manage the course, pick a good instructor, and methods of practice. The art of driving the ball with authority is invaluable. This book has so many pearls of wisdom that it is invaluable. A special section covers the swing for women and junior golfers is helpful. The limitations of this book is the lack of illustrations on the drills that he describes. It should be coordinated with watching the associated video to truly benefit from this system. Jim McLean: The 8-Step Swing - DVD The 8-Step Swing by Jim McLean No shortcuts in golf exist. This book covers the fundamentals in every way to ensure success of the full swing. If this were all inclusive (i.e. had more illustrations), this would rate 5 stars. I highly recommend this book for the beginner and the seasoned golfer.

Golf is one of the most difficult recreational sports to play. Many methods of teaching pride themselves on the simplest method and I have become a victim of this. There is no "simple swing" in golf. Ben Hogan's 5 Lessons is a wonderful classic from the Silver Age of Golf. However, if you are looking for solid instruction with few gimmicks, this is the one. This book is written by a true master of the teaching the game. He is articulate, although oftentimes verbose. He understands every aspect of the full swing and breaks down the swing into 8 steps. He outlines the pitfalls at each stage. To simplify the swing, he has recommended 1st learning a 4 step process at steps 2,4,6 and 8. He covers the misconceptions of the swing and the ideals of a solid fundamental swing through his 20 Fundamentals and 25 "antifundamentals". A chapter on the "Death Moves" identify and help correct the extreme swing errors. Every aspect of the golf swing from setup, grip, alignment, stance, grip pressure, ball position, swinging the club on plane and pre-shot routine are covered. He outlines the strategies to manage the course, pick a good instructor, and methods of practice. The art of driving the ball with authority is invaluable. This book has so many pearls of wisdom that it is invaluable. A special section covers the swing for women and junior golfers is helpful. The limitations of this book is the lack of illustrations on the drills that he describes. It should be coordinated with watching the associated video to truly benefit from this system. Jim McLean: The 8-Step Swing - DVD The 8-Step Swing by Jim McLean No shortcuts in golf exist. This book covers the fundamentals in every way to ensure success of the full swing. If this were all inclusive (i.e. had more illustrations), this would rate 5 stars. I highly recommend this book for the beginner and the seasoned golfer.

This is by far the best instructional book I have ever read. Through away all of your gimmicks and gizmos and make an honest effort to learn the golf swing from ground up. It will change your golfing life. I began following this system last season and went from high 80's low 90's to low 80's. I increased the quality practice and my overall enjoyment of the game. I've been playing golf for 25 years and this is the first time I've understood the golf swing. It takes work but so does making enough money to buy \$500.00 - \$1000.00 worth of golf equipment year in and year out. The majority of us will never be able to play with the pros, but on a rare occasion, this system will allow you to "flush" a shot like them. Good luck and enjoy.

This book is the cornerstone of the Jim McLean System... Great read... will help improve your game... The book is very well thought and is divided in a way that is very easy to study from it. Lot's of great information...

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